

## #10 - American Sign Language (ASL)

This kit provides introductory material for learning American Sign Language.

- *Time to Sign* by Kathryn Clay
- Hand Sign Number Tiles (1-10)
- Sign Language Flash Cards
- Adult ASL Flash Cards

## #11 - Community Helpers

Use this kit to talk about professions and community helpers we may interact with in our lives.

- Community Workers Poster Pack
- *Police Officers* by Cari Meister
- *Firefighters* by Cari Meister
- *Doctors* by Cari Meister
- Real-Working Stethoscope

## #12 - Healthy Eating

Use this kit to discuss healthy food choices, food groups, and food preparation.

- *The Cookbook for Children with Special Needs* by Deborah French
- *The Kid Friendly ADHD & Autism Cookbook* by Pamela Compart
- My Healthy Plate Magnet Activity Set

The Novi Public Library's **Special Needs Collection** supports children and adults with special needs, as well as their families, caregivers, and teachers, by providing materials to assist in learning about and practicing social and life skills.

## Need more information and resources?

Visit the **Special Needs** page on our website, [novilibrary.org](http://novilibrary.org), under the Youth tab.

[Novilibrary.org/Youth/Special-Needs](http://Novilibrary.org/Youth/Special-Needs)

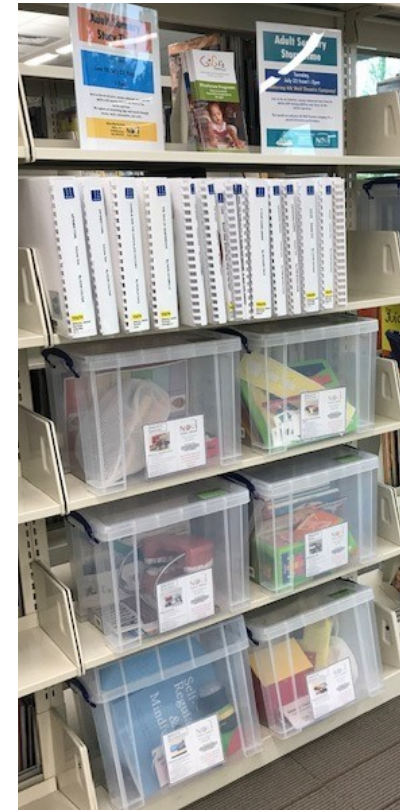


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## Special Needs Kits





## #1 - Emotions

This kit provides tools for strengthening social-emotional awareness by exploring emotions and facial expressions.

- *The Feelings Book* by Todd Parr
- Todd Parr Feelings Flash Cards
- Visual ASD Feelings Board
- Moods & Emotions Mirrors

## #2 - Self Regulation

Explore this kit containing options for increasing focus and concentration with self-regulation fidgets and tools.

- Flex-Space Wobble Cushion
- Stretchy Resistance Fidget Bands
- Visual Time Tracker
- *Self-Regulation and Mindfulness* by Varleisha Gibbs

## #3 - Getting Dressed

This kit addresses the fine motor skills needed for getting dressed. Increase independence and self-confidence by strengthening this important life skill.

- Dressing Boards
- Buckle Toy Busy Board
- Visual ASD Getting Dressed Schedule



## #4 - Dental Hygiene

Increase independence and self-confidence by using this demonstration kit to teach the important life skill of dental hygiene

- Learn to Brush Demonstration Kit
- Visual ASD Cleaning Teeth Schedule
- *Caring for Your Teeth* by Sian Smith
- *Autism: Teach Your Autistic Children Hygiene Skills to Help Them Live a Clean, Healthy and Happy Life* by Nancy Perez
- *Dentists* by Cari Meister

## #5 - Yoga

Introduce the practice of yoga to develop large motor skills, increase focus, and teach self-soothing strategies.

- *ABC for Me: ABC Yoga* by Christiane Engel
- *Yoga Therapy for Children with Autism and Special Needs* by Louise Goldberg
- Yoga Cards: The Game
- ALEX Active Yoga Activity Blocks
- *Yoga for Children with Special Needs* (DVD)

## #6 - Sensory - Touch

Explore the sense of touch through a variety of hands-on, tactile experiences. Expand vocabulary by using descriptive language about textures. Also reinforces color identification, matching, and fine motor skills.

- Learning Resources Ruff's House Teaching Tactile Set
- Educational Insights Teachable Touchables Texture Squares



## #7 - Sensory - Hearing

Explores the sense of hearing through auditory stimulation. Manipulatives are inclusive of people who have low vision or are blind.

- *So Many Sounds* by Tim McCanna
- *This Beach is Loud!* By Samantha Cotterill
- Toysmith Mini Wiggly Giggly Ball
- Melissa & Doug Musical Instruments Sound Puzzle

## #8 - Social Skills

Speech therapy resources that encourage language development, communication, and conversation, as well as resources for understanding social behavior.

- MKgames Actions—Professional Tool Kit
- Conversation cubes
- Visual ASD Interactive Behavior Rules Board
- *Can I Play Too?* By Samantha Cotterill

## #9 - Alphabet

Develop alphabet skills through talking, listening, and touching to build the foundation for reading and writing. Braille is incorporated into various elements of this kit.

- Touch and Feel Braille Alphabet Cards
- Hear Myself Alphabet Sound Phone & Book
- Braille Alphabet tiles