

Health Resources at the Novi Library and on the Web

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General Health

[Directory of Health Organizations](#)

A collection of organizations providing health information. Also available arranged by topic. From MedLine Plus.

[HealthFinder.gov](#)

From the Department of Health and Human Services, this website offers an encyclopedia of more than 1,600 health topics. Also allows you to find a doctor, health center or organization.

[Health Hotlines](#)

A database of health-related organizations operating toll-free telephone services, from the National Library of Medicine.

[Medline Plus](#)

[Merck Manual of Diagnosis and Therapy](#)

Online version of one of the most widely used medical texts in the world. Covers symptoms & treatments for an extremely broad range of diseases, and other medical conditions. Emphasis and tone is aimed at medical professionals, but consumers will also find much of use here as well.

[Top 100 List: Health Websites You Can Trust](#)

Consumer and patient Health Information Section, from the Medical Library Association.

Dictionaries

[Medical Dictionary: MedlinePlus](#)

From the U.S. National Library of Medicine.

[MedTerms.com Medical Dictionary](#)

Diseases, Conditions & Symptoms

General

[Center for Disease Control and Prevention](#)

[Diseases & Conditions](#)

Comprehensive guides on hundreds of conditions from the Mayo Clinic.

Specific

AIDS

[AIDS.gov](#)

Current information on AIDS. Provided by the Department of Health and Human Services.

[Aids Info](#)

Website features: the latest federally-approved information on HIV/AIDS clinical research, treatment and prevention, and medical practice guidelines for people living with HIV/AIDS, their families and friends, health care providers, scientists, and researchers.

Alzheimers

Alzheimers.gov

This is the federal government's free information resource about Alzheimer's disease and related dementias. Here are links to authoritative, up-to-date information from agencies and organizations with expertise in these areas.

[Alzheimer's Disease information from the National Institute on Aging](#)

Provides information on symptoms, clinical trials, diagnosis & treatment. The AD Lib, which contains over 8, 500 publications about Alzheimer's disease.

Cancer

[American Cancer Society](#)

Provides information on a wide range of cancer types, cancer statistics, cancer facts and news.

[National Cancer Institute](#)

Information on cancer topics for patients and their families, as well as for the general public. Also provides information on clinical trials and new research, and a directory of NCI-Designated Cancer Centers and Community Cancer Centers.

Diabetes

[American Diabetes Association](#)

Offers diabetes assessment tools, recipes, weight-loss and exercise advice, information on the latest diabetes research.

[Diabetes Tutorial Video](#)

An overview of Diabetes and ways to help you live a healthier life. From Medline Plus.

[WebMD Diabetes Center](#)

Learn more about Type I and II diabetes, Prediabetes, Gestational Diabetes and Diabetes Insipidus.

Drug & Pharmaceutical Information

[Drugs and Supplements](#)

Look up prescription and over-the-counter drug information from the Mayo Clinic.

[Drug information](#)

From the National Library of Medicine.

[Drug Interaction checker](#)

Enter any list of prescription drugs, over-the-counter drugs, herbals and supplements to see how they interact with each other and with other substances. From the AARP.

[Pill Identifier](#)

Unsure what your pill is? Enter one or more fields below to identify it.

Heart

[Conditions](#)

Resources about diagnoses, symptoms, care & treatment on all kinds of cardiovascular diseases from the American Heart Association.

[Heart and Vascular Diseases](#)

From the National Heart Lung and Blood Institute.

[Heart Health](#)

From Nutrition.gov.

[Interactive Cardiovascular Library](#)

From the American Heart Association.

[Warning Signs of a Heart Attack, Stroke or Cardiac Arrest](#)

Lungs

[American Lung Association](#)

An attractive, easy to use site that offers information on lung diseases, tobacco control, and air quality. It also provides special sections on asthma, allergy, treatment, how the lung functions and "Diseases A-Z" on lung disorders.

[Lung Cancer](#)

Tutorial video from the National Library of Medicine.

Mental Health

[Community Mental Health Services Programs in Michigan](#)

Phone numbers for access to local service providers by county.

[Depression and College Students](#)

Facts & figures about depression and college students.

[Healthy Minds, Healthy Lives](#)

Common mental health concerns, warning signs of mental disorders, treatment options and preventative measures from the American Psychiatric Association.

[Male Depression : Understanding the Issues](#)

From the Mayo Clinic.

[Mental Health America \(MHA\) of Michigan](#)

Provides public education, information and referrals to support groups, rehabilitation services, socialization and housing services to those confronting mental health problems and their loved ones.

[Mental Health Disorders](#)

Merck Manual Home Edition online medical library.

[Mental Health Screening Tools](#)

Screening tools for Depression, Bipolar Disorder, Anxiety, and PTSD.

[Michigan Community Mental Health Services Programs](#)

Information and resources on mental health services available in Michigan.

[NAMI: National Alliance on Mental Illness](#)

Organization dedicated to improving the lives of individuals and families affected by mental illness.

[National Institute of Mental Health](#)

[National Suicide Prevention Lifeline](#)

Are you in crisis? Please call 1-800-273-TALK.

[PsychCentral](#)

Directory of online psychology and mental health resources.

[Strategies for Controlling Your Anger](#)

From the American Psychological Association.

[Substance Abuse and Mental Health Services Administration](#)

Find articles on many different disorders including Autism, ADHD, Depression, Obsessive Compulsive Disorder and Schizophrenia.

Men's Health

[Cancer and Men](#)

From the Center for Disease Control.

[Keep Your Heart Healthy](#)

From the U.S. Department of Health and Human Services Healthfinder.

[Men and Depression](#)

From the National Institute of Mental Health.

[Prostate Cancer](#)

From the American Cancer Society.

Nutrition

[Nutrition.gov](https://www.nutrition.gov)

Providing easy, online access to government information on food and human nutrition for consumers. A service of the National Agricultural Library, USDA.

[5 Superfoods](#)

From the Cleveland Clinic.

Statistics

[Data & Statistics](#)

By topic, from the Centers for Disease Control and Prevention.

Veterans Services

[CARE of Southeastern Michigan](#)

Offers support for people seeking treatment for substance abuse disorders, including counseling, recovery and family support.

[Lean On Me - Canes for Veterans](#)

Carves and provides sturdy canes with service emblems for injured Veterans.

[Michigan Veterans Services & Benefits Booklet](#)

Provides information and contacts for services and benefits, including employment, health care, housing, education, loans, tax credits, and financial assistance.

[Origami Brain Injury Rehabilitation Center](#)

Helps Veterans with traumatic brain injuries (TBI) who need long-term residential care by offering specialized TBI residential assisted living facilities closer to home and family. One of 21 facilities selected as part of the VA's Assisted Living Pilot Program for Veterans with TBI.

[VA Community-Based Outpatient Clinics in Michigan](#)

Contact information for all VA community-based clinics in the state.

[VA Medical Facilities & Vet Centers in Michigan](#)

List of VA Medical Centers in Michigan, which provide comprehensive services to Michigan Veterans, including medical, surgical, rehabilitative, neurological, primary, mental health and long-term care on both an inpatient and outpatient basis.

Women's Health

[Breast Cancer](#)

Information about treatment, surgery, chemotherapy, radiation therapy, immunotherapy and vaccine therapy from the National Cancer Institute.

[Breast Cancer Tutorial Video](#)

From Medline Plus.

[Female Cancer](#)

Information about treatment, prevention, genetics, screening, clinical trials, research and statistics for cancers that occur mainly in women. From the National Cancer Institute.

[Healthy Heart Handbook for Women](#)

Free online e-book from The National Heart, Lung, and Blood Institute.

[National Breast Cancer Foundation](#)

[National Women's Health Resource Center](#)

HealthyWomen.org provides free, unbiased health information on a variety of women's health topics including pregnancy, menopause, breast cancer, birth and more.

[Signs of a heart attack in women](#)

From the American Heart Association.

[Women and Depression](#)

From the National Institute of Mental Health.

[Women's Health](#)

Womenshealth.gov is a website managed by the Office on Women's Health (OWH) of the U.S. Department of Health and Human Services (HHS). Covering a range of broad topics, this website seeks to educate people on how the female body works and provide easy-access channels to helpful resources.

Novi Library Databases & E-Reference

[E-Reference titles: Medicine](#)

Reference titles owned by the Novi Library, accessible through the Gale Virtual Reference Library.

NOTE: If you are accessing from home, use you Novi Library card & PIN to authenticate.

[Health & Medicine Online Tools & Databases from the Novi Library](#)