Odyssey™
BEHAVIORAL HEALTHCARE

Understanding LOC | Levels of Care

▲ Higher severity

Acute Hospitalization — Critical Zone

- 24/7 inpatient care
- Ensures safety and stabilizes life-threatening symptoms
- Severe psychotic episodes or uncontrollable behaviors
- Danger to self or others
- Includes NGRI and state hospitalization

Residential Treatment Center (RTC) — Hot Zone

- 24/7 support and intensive care
- Regains stabilization • Builds coping • Establishes safety
- Establishes sense of self • Severe mood swings
- SI without plan or intent • Self harm behaviors
- Unable to manage daily life & relationships

Partial Hospitalization Program (PHP) — Transitional Zone

- Moderate distress • Consider with or without housing
- Ready to establish and anchor life skills, but in need of daily supervision/support
- Working to improve emotional regulation, unable to return to work/school/home

Intensive Outpatient Program (IOP) — Cool Zone

- Mild to moderate distress
- Able to sustain daily living
- Balancing life responsibilities

Outpatient — Maintenance

- Baseline
- Regularly scheduled visits
- Tailored for long term wellness
- Symptoms are stable
- Seeking strategy & guidance

▼ Lower severity