

# Retired and Senior Volunteer Program

## Make a Difference in Your Community

### Opportunities for Adults Age 55+

#### What Is RSVP?

The Retired and Senior Volunteer Program (RSVP) is a free, national program that matches adults 55 and older with volunteer opportunities in their community.

#### RSVP volunteers serve at:

- Hospitals
- Schools
- Senior centers
- Assisted living facilities
- Many other locations



Research continues to show  
volunteers live happier, healthier lives.



RSVP of Oakland and Macomb Counties is administered through Catholic Charities of Southeast Michigan.

For information, please contact  
248-537-3300, ext. 3941  
or [rsvp@ccsem.org](mailto:rsvp@ccsem.org)

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